



April 13, 2024

New Manchester HS
Douglasville

JUMPS GRIND FINAL MEET SCHEDULE

Track Events	
9:00 a.m. (rolling)	3000m run (8U, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)
	200m hurdles (Masters, Open, 17-18, 15-16, 13-14, 11-12)
	400m dash (6U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)
	4x100m relay (8U, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)
	1500m run (8U, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)
1:00 p.m. (rolling) (+/- 30 minutes)	100m dash (6U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)
	800m run (6U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)
	Sprint hurdles (Masters, Open, 17-18, 15-16, 13-14, 11-12)
	200m dash (6U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)
	4x400m relay (8U, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)

Field Events	
8:30 a.m.	TJ/LJ Clinic
9:00 a.m.	Javelin throw (13-Masters, 6U-12)
	Discus throw (11-12, 13-14, 15-16, 17-18, Open, Masters)
9:30 a.m.	Triple jump (13-14, 15-16, 17-18, Open, Masters)
10:00 a.m. (2 pits)	Long jump (6U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)
12:00 p.m.	Shot put (8U, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)
1:00 p.m.	High jump (9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)