



May 3, 2025  
 @ BT Harvey Stadium  
 Morehouse

## 2025 SPRING CHAMPIONSHIPS

**NOTE:** USATF entry limits apply. Up to 3 events for 12U and up to 4 events for 13-18.  
 Relays do not count against these entry limits.

Track Events	
9:00 a.m.	200m/400m hurdles 13-14, 15-16, 17-18
	100m dash <b>prelims</b> 9-10, 11-12, 13-14 <b>6U, 7-8</b> 15-16, 17-18 Open, Masters <b>finals</b>
	400m dash 6U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters
	3000m run 8U, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters
12:30 p.m. (± 30 minutes)	200m dash <b>prelims</b> 6U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18 Open, Masters <b>finals</b>
	800m run 6U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters
	4x100m relay 4x100m relay (mixed) 8U, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters
	Sprint hurdles 110mH, 100mH, 80mH
	100m dash <b>finals</b> 6U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18
	1500m run 8U, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters
	200m dash <b>finals</b> 6U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18
	4x400m relay 8U, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters

Field Events	
8:30 a.m.	Long jump <b>6U, 7-8 only</b>
8:30 a.m.	Javelin throw <b>15-16, 17-18, Masters only</b>
10:00 a.m.	Shot put 6U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters
	Long jump 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters
	Javelin throw 6U, 7-8, 9-10, 11-12, 13-14
11:00 a.m.	Discus throw 13-14, 15-16, 17-18, Open, Masters
12:30 p.m.	High jump 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters

### HONORS AND AWARDS

- Most Improved Athletes
- Spring Excellence Awardees
- Spring League Champions
- Head-to-Head Champions