



April 16, 2022
 @ Discovery HS
 Lawrenceville

RELAY MADNESS MEET SCHEDULE

| Track Events | |
|--|---|
| 8:30 a.m. 9:30 a.m. (rolling) | 3000m run (9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters) |
| | Sprint hurdles (Masters, Open, 17-18, 15-16, 13-14, 11-12) |
| | 400m dash (6U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters) |
| | 1500m run (7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters) |
| | 1600m Sprint Medley (200-200-400-800) (8U, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters) |
| 12:30 p.m. 1:30 p.m. +/- 30 minutes (rolling) | 100m dash (6U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters) |
| | 800m run (6U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters) |
| | 1500m race walk (9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters) |
| | 200m/400m hurdles (13-14, 15-16, 17-18, Open, Masters) |
| | 2x2x400m relay 2-person relay (8U, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters) |
| | Throwers 4x100m Grown Folks 4x100m |
| | 4x100m relay (8U, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters) |

| Field Events | |
|-------------------------|---|
| 8:00 a.m. 9:30 a.m. | Triple jump (13-14, 15-16, 17-18, Open, Masters) |
| | Long jump (Open, Masters, 17-18, 15-16; 6U, 7-8, 9-10, 11-12, 13-14) |
| 9:00 a.m. 10:30 a.m. | Discus throw (11-12, 13-14, 15-16, 17-18, Open, Masters) |
| | Javelin throw (Masters, Open, 17-18, 15-16, 13-14, 11-12, 9-10, 7-8, 6U) |
| 12:00 p.m. 1:30 p.m. | Shot put (7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters) |
| 1:30 p.m. 3:00 p.m. | High jump (9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters) |

WEATHER

Saturday's forecast includes a shower and a thunderstorm. We will **pause** the meet in the event of heavy rain or lightning, and resume the meet as soon as practicable. Follow our Twitter feed @tracklabnews for weather updates.

We may also cancel certain field events based on the condition of the venue.

www.tracklab.events