

@New Manchester HS Douglasville, GA

## OLD SCHOOL PAPER SCHEDULE TIME TRIALS

**Note:** This is the pre-registration paper schedule. Order or start times may be adjusted based on actual entries after registration closes. For real-time schedule updates, please bookmark the meet schedule at rosterathletics.com or download the dark blue Roster Athletics app.

Track Events	
10:30 a.m. (rolling)	2000m run (8U, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)
	Sprint hurdles (Masters, Open, 17-18, 15-16, 13-14, 11-12)
	300m sprint (6U, 7-8, 9-10, 11-12, 13-14, 15- 16, 17-18, Open, Masters)
	1000m run (6U, 7-8, 9-10, 11-12, 13-14, 15- 16, 17-18, Open, Masters)
1:00 p.m. +/- (rolling)	40yd sprint (6U, 7-8, 9-10, 11-12, 13-14, 15- 16, 17-18, Open, Masters)
	600m run (6U, 7-8, 9-10, 11-12, 13-14, 15- 16, 17-18, Open, Masters)
	150m dash (6U, 7-8, 9-10, 11-12, 13-14, 15- 16, 17-18, Open, Masters)

Field Events	
10:00 a.m.	Long jump (6U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)
	Discus throw (11-12, 13-14, 15-16, 17-18, Open, Masters)
	Javelin throw (Masters, Open, 17-18, 15-16, 13-14, 11-12, 9-10, 7-8, 6U)
12:30 p.m.	Shot put (8U, 9-10, 11-12, 13-14, 15-16, 17- 18, Open, Masters)

09/17/2023 www.tracklab.events