



May 4, 2024
 @ New Manchester HS
 Douglasville

SPRING CHAMPIONSHIPS FINAL

Track Events	
8:30 a.m. (rolling)	200m/400m hurdles (13-14, 15-16, 17-18, Open, Masters)
	100m dash 18u prelims (6U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Masters)
	400m dash (6U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)
	3000m run (8U, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)
	200m dash 18u prelims (6U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Masters)
1:30 p.m. (rolling)	800m run (6U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)
	4x100m relay (8U, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)
	Sprint hurdles (110mH, 100mH, 80mH)
	100m dash finals (6U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)
	1500m run (8U, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)
	200m dash finals (6U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)
	4x400m relay (8U, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)

Field Events	
8:30 a.m.	Triple jump (15-16, 17-18, Open, Masters)
9:00 a.m.	Long jump (15-16, 17-18, Open, Masters; 6U, 7-8, 9-10, 11-12, 13-14)
	Shot put (6U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)
	Javelin throw (15-16, 17-18, Open, Masters; 6U, 7-8, 9-10, 11-12, 13-14)
1:00 p.m.	High jump (9-10, 11-12, 13-14, 15-16, 17-18, Open, Masters)
	Discus throw (13-14, 15-16, 17-18, Open, Masters)

HONORS AND AWARDS
<ul style="list-style-type: none"> -Most Improved Athletes -Spring Excellence Awardees -Spring Club Champions